



Lactation Consultant * Recap, Inc. Sullivan and Orange County, NY

Overview: Recap, Inc. (Regional Economic Community Action Program) is seeking Lactation Consultant in Sullivan and Orange County.

The Part-Time Lactation Consultant provides specialized support to families in determining the best approach to feeding their infants, with a focus on promoting and supporting breastfeeding when chosen. This role ensures appropriate accommodations and space for families who wish to nurse during program hours, delivers staff and family education on lactation, breast milk handling, and infant feeding best practices, and works in collaboration with health, nutrition, and family services staff to support positive health outcomes for infants and families.

Plan lactation education sessions for staff and families to promote breastfeeding best practices

Plan for the availability of private and comfortable lactation spaces within program centers

Collaborate with health and nutrition staff to develop infant feeding policies and procedures in compliance with HSPPS and NYS regulations

Provide one-on-one lactation consultations to families, both prenatally and postpartum

Ensure appropriate space and resources for families who choose to breastfeed during program hours

Support staff in understanding and implementing breast milk storage, handling, and feeding procedures

Work with nutrition and health staff to ensure infant feeding practices meet CACFP requirements and individual child needs

Develop trusting relationships with families to support informed infant feeding choices

Offer culturally and linguistically responsive lactation support services and support for expressed breast milk

Provide referrals to community lactation resources and healthcare providers when necessary

Coordinate with the Health Coordinator and Food and Nutrition Services to ensure consistent lactation support across centers

Communicate with family service staff to integrate lactation support into family partnership agreements and health plans

Attend community events and meetings to obtain and share resources, and recruit eligible pregnant women

Oversee program wide messaging supporting prenatal health and lactation

Document lactation consultations, parent education sessions, and follow-up needs in the Go Engage database

Ensure confidentiality of family health and feeding information

Participate in program self-assessment and continuous improvement planning related to infant feeding and lactation support

Evaluate effectiveness of lactation support services and recommend improvements

Provide training to staff on lactation support, breast milk handling, and responsive feeding practices

Contribute to policy and procedure development related to infant feeding and lactation services

Recruit and supervise volunteers within assigned service areas, ensuring accurate in-kind documentation is submitted monthly

Skills required to perform the job:

Planning

Family Partnerships

Program Implementation

Communication and Service Coordination

Requirements

Physical Exam

Reference Check

Background Check

Certified Lactation Counselor (CLC) or International Board-Certified Lactation Consultant (IBCLC)

Shift, Salary, and Benefits: This is a Part-Time position, Monday - Friday, \$24.00-\$25.00 hourly

To apply email resume to info@recap.org