



## **Camp Coach \* Frost Valley YMCA Claryville, NY**

**Overview:** The Frost Valley YMCA is seeking a Camp Coach in Claryville.

Camp coaches serve as a coach for both summer camp staff and campers to support mental health needs on camp. Coaches are not intended to act as therapists or psychologists, but instead will provide training and support to staff on mental health. They will help campers and staff practice and implement strategies to manage mental health challenges during camp. They will assist in the decision-making of whether or not a mental health challenge is manageable at camp.

### **ESSENTIAL FUNCTIONS:**

Coaches will check in with designated staff and directors at least once daily, will read camper daily reports to identify any potential mental health challenges and will encourage staff follow up

Be involved in pre-screening camper support and co-developing strategies for managing mental health challenges at camp

Provide trainings on mindfulness and coping strategies such as breathing, distraction, and motivational interviewing.

Provide trainings on how to assess and recognize mental health risk, and how to follow proper protocol  
Keep detailed logs and data of mental health encounters

Serve as an active member of the Frost Valley Summer Camp Director team, participating in on-call responsibilities and crisis management as it arises

Correspond with parents about mental health challenges in conjunction with a program director and/or the health center staff

Ensure that Frost Valley Summer Camps achieve the highest standard and meet the mission and goals of both the Summer Camp Department and Frost Valley YMCA, as well as expectations of customers.

Embrace Frost Valley YMCAs character values

### **QUALIFICATIONS:**

Working towards a degree in psychology, sociology, social work, or a related field

Possess or willing to get a Youth Mental Health First Aid certification

Experience working with youth and teens ages 6-17 in a summer camp setting  
Ability to work long hours and perform well in a fast-paced environment, including evening and late-night programs  
Present a strong, positive model for kids and fellow staff members  
Possess excellent communication and group facilitation skills  
Possess strong crisis management skills and ability to assess and manage risk and engage in critical decision making

**WORK ENVIRONMENT & PHYSICAL DEMANDS:**

Able to stand for long periods of time  
Must be able to lift 25 pounds at times

**REASONABLE ACCOMMODATIONS STATEMENT:**

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. Reasonable accommodations may be made to enable qualified individuals with disabilities to perform the essential functions.

**Requirements:**

Reference Check

**Skills required to perform the job:**

Reliable  
Detail Oriented  
Motivated  
Personable

**Shift, Salary and Benefits:** This is a full-time position, Monday - Friday, First Shift 35-40 hrs weekly, \$2,400 - \$2,800 Monthly

**Apply:** by emailing [slewellyn-gojah@frostvalley.org](mailto:slewellyn-gojah@frostvalley.org) and apply online at <https://recr>