

SULLIVAN COUNTY EMERGENCY SERVICES TRAINING CENTER

615 OLD WHITE LAKE TURNPIKE, SWAN LAKE, NY 12783 JOSEPH MALL, TRAINING COORDINATOR

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TRAINING ANNOUNCEMENT

COURSE TITLE: QPR GATEKEEPER TRAINING FOR FIRST RESPONDERS

DESCRIPTION: Question, Persuade, Refer (QPR)
QPR Gatekeeper Training for First Responders equips participants with science-backed suicide prevention skills to recognize and address warning signs of suicidal thoughts and behaviors. Tailored specifically for first responders, this training covers: • Question: Ask direct, compassionate questions to assess suicide risk. • Persuade: Encourage individuals to seek help and offer immediate support. • Refer: Connect individuals to appropriate professional resources.

First responders face alarmingly high suicide rates and frequently encounter individuals in crisis. This training provides essential tools to de-escalate situations, reduce suicide risks, and deliver immediate, life-saving intervention—not as therapy or counseling, but as vital support in emergencies. QPR is intended to provide HOPE for individuals. It is NOT intended to be a form of counseling or treatment.

<u>DESIGNED FOR:</u> All <u>Emergency</u> First Responders

PREREQUISITE: None

DATE: July 10, 2025

<u>TIME:</u> 7pm – 9pm

LOCATION: Sullivan County Emergency Services Training Center

615 Old White Lake Turnpike, Swan Lake, NY 12783

<u>REGISTRATION:</u> <u>Firefighter Online Registration Form | Sullivan County NY</u>

(Select proper class name from the drop-down menu)