



OCTOBER 2026 NEWSLETTER



TEL:(845) 807-0241
MON - FRI: 8AM - 5PM

EMAIL US:
SULLIVANOFA@
SULLIVANNY.GOV

VISIT OUR WEBPAGE:
SULLIVANNY.GOV/
DEPARTMENTS/AGING

LIKE & FOLLOW US ON
FACEBOOK:
WWW.FACEBOOK.
COM/SCNYAGING

**IF YOU WOULD LIKE
TO BE ON OUR MAILING
LIST, PLEASE CONTACT
OUR OFFICE

EDITORS: TANA PRICE &
TERESA BORTREE

The Monthly Hoot



SULLIVAN COUNTY OFFICE FOR THE AGING
100 NORTH STREET, PO BOX 5012
MONTICELLO, NY 12701

TO:

TABLE OF CONTENTS WHAT'S INSIDE

	Page
Contributions	2
Public Hearing	3
Shopping bus/ Congregate sites	4
October menu	5
Hospice of Orange & Sullivan	6
Open Enrollment	7
Support Groups	9
Fun & Games	10
Local Events	12

WE NEED YOUR SUPPORT

Sullivan County Office for the Aging is pleased to provide you with our services. Our programs are funded by the Sullivan County Legislature, New York State, the Older Americans Act and your contributions. No one will EVER be denied services because of their inability or unwillingness to contribute. Your contributions are appreciated.

Thank you.

Name _____

Address _____

I designate my contribution of \$ _____ for:

- | | |
|--|---|
| ☐ Home Delivered Meals | ☐ Congregate Meals |
| ☐ Volunteer Services | ☐ Case management/Home care |
| ☐ Transportation | ☐ Health Insurance Counseling Services |
| ☐ Use where most needed | |

Make checks payable to: Sullivan County Treasurer. Please include this coupon with payment and drop off or mail to:

Sullivan County Office for the Aging
PO Box 5012, 100 North Street
Monticello, NY 12701

***** PAID ADVERTISEMENTS ARE NOT ENDORSED BY THE SULLIVAN COUNTY OFFICE FOR THE AGING NOR DOES THE SULLIVAN COUNTY OFFICE FOR THE AGING HAVE ANY DIRECT CONNECTION TO THE SERVICES AND GOODS OFFERED IN THE ADVERTISEMENTS*****


FanStory.com

**LOVE TO
WRITE?**

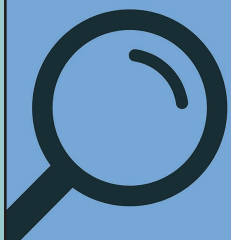
Share your poetry and stories
Enter Contests · Get Feedback

 **HOSPICE**
of ORANGE & SULLIVAN

845-561-6111
www.hospiceoforange.com



No act of
kindness is
ever wasted



Advertise Here!

Increase visibility in your
community.

Are you Eligible for the Medicare Diabetic Shoe Program

Ask The Doctor



30 Glen Wild Rd., Rock Hill, NY **Please Call! 845-513-5333**
• Diabetic Foot Care Surgery Specialist • Home Visits
• Whirlpool Foot Massage • Medicare & Most Insurance Accepted

39 Years of Caring

ACHIEVE
REHAB AND NURSING FACILITY

Short Term Rehab. Long Term Care.

170 Lake St.
Liberty, NY 12754
845-292-4200
www.AchieveRehabNY.com

EXCEPTIONAL CARE
PRIVATE REHAB SUITES

**ANNUAL PUBLIC
HEARING
&
SENIOR
RESOURCE FAIR**



SUNY SULLIVAN
Theater and E-Lobby
112 College Road
Loch Sheldrake, NY 12759



**FRIDAY
OCTOBER 9TH, 2026
10AM-2PM**

10:00AM

Office for the Aging Annual Public Hearing

10:00AM-2:00PM

Senior Resource Fair

Refreshments will be available! Please contact us at 845-807-0243 to notify us of any special accommodation or transportation requests.



NY Connects
Your Link to Long Term
Services and Supports

of SULLIVAN COUNTY
(845) 807-0257 or (800) 342-9871
or (866) 715-4700

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.

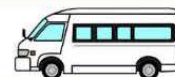


Call 800.950.9952





SHOPPING BUS SCHEDULE



The shopping bus provides roundtrip transportation from the senior's home to Monticello shopping (Shoprite, Walmart and Aldi's) one day per week. Registration with the Office for the Aging is required. Please call (845) 807-0244 by 11:00 am on the day before to make a reservation.

Mondays
Oct. 5, 19, 26

Town of Bethel - Smallwood, Cochection, Bethel Senior Housing and White Lake.
Town of Neversink - Neversink, Grahamsville, Foxcroft Village.

TUESDAYS
Oct. 6, 13, 20, 27

Town of Fallsburg - Woodridge, Mountindale & South Fallsburg
Town of Neversink - Neversink, Grahamsville, Foxcroft Village

WEDNESDAYS
Oct. 7, 14, 21, 28

Town of Liberty - Liberty-Golden Park, Barkley Gardens & White Sulphur Springs
Town of Mamakating - Summitville, Wurtsboro & Bloomingburg

THURSDAYS
Oct. 1, 8, 15, 22, 29

Highland Area - Narrowsburg, Eldred, Barryville, Glen Spey, etc. * and some surrounding areas, not all areas included
Town of Thompson - All of Monticello, Mongaup Valley

FRIDAYS
Oct 2, 9, 16, 23, 30

Town of Delaware - Fremont, Callicoon, Hankins, Jeffersonville, etc.
Liberty Village & Fallsburg - Liberty Village Apts., Hurleyville, Loch Sheldrake & Kiamesha Lake



CONGREGATE SITES



BETHEL	Bethel Senior Center Route 55, Kauneonga Lake	MONDAYS
MAMAKATING	Wurtsboro Town Hall Route 209, Wurtsboro	MONDAYS & WEDNESDAYS
LIVINGSTON MANOR/ ROCKLAND	Livingston Manor Presbyterian Church Old Route 17, Livingston Manor	WEDNESDAYS
LIBERTY	Lapolt Park North Main St, Liberty	WEDNESDAYS
JEFFERSONVILLE	American Legion Hall Legion Ave, Jeffersonville	FRIDAYS



OCTOBER 2026



Five Congregate meal sites are now open. Lunch is served by 12:00 pm. This menu is for homebound meals and congregate sites. Registration with the Office for the Aging is required. Please call 24 hours in advance for reservations at (845) 807-0254. Menu is subject to change.

VOLUNTARY SUGGESTED CONTRIBUTIONS: For those over 60 years of age, our funding through the Older Americans Act requires us to ask for contributions. No one will be denied a meal based on their inability or refusal to contribute. For those under 60 years of age who wish to attend a congregate lunch, a guest fee is required. Suggested voluntary contribution \$3.00, Guest fee \$6.50.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu is subject to change	Milk served with all Meals	Coffee and Tea available at Senior Nutrition Sites	1) Salisbury Steak Gravy Oven Roasted Potatoes Diced Carrots Dinner Rolls (2) Peaches	2) Beef Stroganoff Brown Rice Green Beans Whole Wheat Bread(2) Apple
5) Pork Chop Gravy Brown Rice Oriental Vegetables Rye Bread (2) Fruit Cocktail	6) Cheeseburger on Bun Oven Roasted Potatoes Cauliflower Pickles Vanilla Pudding	7) Breaded Fish Tartar Sauce Baked Potato Peas Whole Wheat Bread(2) Mandarin Oranges	8) Hungarian Goulash Egg Noodles Mixed Vegetables Rye Bread (2) Applesauce	9) Macaroni & Cheese Stewed Tomatoes Corn Dinner Rolls (2) Orange
12) CLOSED INDIGENOUS PEOPLES DAY	13) Unstuffed Cabbage Boiled Potatoes Broccoli Rye Bread (2) Chocolate Pudding	14) Oven Roasted Turkey Gravy Sweet Potatoes Diced Carrots Dinner Rolls (2) Pears	15) Chicken & Broccoli Egg Noodles Green Beans Whole Wheat Bread (2) Pineapple	16) Ziti w/Meat Sauce Side Salad Cauliflower Italian Bread (2) Peaches
19) Kielbasa Sauerkraut Boiled Potatoes Diced Carrots Rye Bread Apple	20) Beef & Broccoli Brown Rice Oriental Vegetables Dinner Rolls (2) Vanilla Pudding	21) Sausage Sandwich Peppers & Onions Baked Beans Hoagie Roll Pineapple	22) Stuffed Shells Side Salad Cauliflower Italian Bread (2) Applesauce	23) Hot Dogs on a Bun (2) Baked Beans Peas Orange
26) Chili Con Carne Brown Rice Mixed Vegetables Corn Muffin (1) Chocolate Pudding	27) Tuna Salad Lettuce & Tomato Potato Salad Macaroni Salad Whole Wheat Bread (2) Pears	28) Chicken Tenders (3) Oven Roasted Potatoes Green Beans Dinner Rolls (2) Mandarins	29) Hungarian Goulash Egg Noodles Corn Rye Bread (2) Peaches	30) Meatball Sub Side Salad Broccoli Sub Roll (1) Apple

This Is Us: The Heart of Hospice Care

Written by Jessica Epifania, Certified Hospice Aide Specialist

Sometimes, the most powerful moments in healthcare are the ones that happen quietly. No recognition. No expectation of praise. Just one person sitting beside another, offering their time, their presence, and their compassion.

At its heart, hospice is about so much more than caring for someone at the end of life. It is about living with dignity, comfort, connection, and compassion. It is about recognizing that behind every diagnosis is a person with a lifetime of stories, memories, relationships, fears, laughter, and love.

For those who provide hospice care, the work is deeply personal. We enter people's lives during some of their most vulnerable moments, and we are trusted not only to care for our patients, but also to walk alongside their families. Sometimes that care is medical. Sometimes it is managing pain, easing a symptom, or answering a difficult question.

And sometimes, it is simply being there. A hand held. A conversation shared. A laugh in the middle of a difficult day. A quiet moment that reminds someone they are not alone. That is what this photograph represents. This is us. This is who we are.

This is the compassionate care we provide every day. It is the human connection that cannot be measured on a chart or captured in a clinical note but can mean everything to the person receiving it.

Hospice reminds us that every moment still matters. Every conversation matters. Every smile matters. And every person deserves to be treated with dignity, kindness, and respect throughout every chapter of life.

For our patients and families throughout Sullivan County, it is a privilege to be invited into those moments. For me, this is more than the community I serve. This is my community. These are my friends, my neighbors, and the families I have grown up alongside. Sullivan County is home, and having the opportunity to give back to the community that helped shape who I am means more to me than words can fully express.

For me, this work is personal. It is about making sure the people in my hometown know that when they need compassion, dignity, and support, we are here for them. Because hospice isn't only about caring for someone at the end of their journey. It is about making sure they continue to feel seen, heard, valued, and cared for every step of the way.

When You Need Us, We Are Here
Choosing hospice can feel overwhelming, and knowing when it is time to ask for help is not always easy. You do not have to navigate those questions alone.

If you or someone you love may benefit from hospice care, call us today at 845-561-6111. Our compassionate team is here to answer your questions, explain your options, and help you understand the care and support that may be available.

Sometimes, the first step is simply a conversation. Because every moment matters. Every person matters. And when you need us, we are here.



Robert Bertholf of Lake Huntington, RN Case Manager at Hospice of Orange and Sullivan Counties, shares a quiet moment with Shirley Schwartz of Livingston Manor in the comfort of her home. This simple but powerful moment reflects what hospice care is all about: presence, dignity, compassion, and human connection. It is being there when it matters most and ensuring that every patient knows they are seen, valued, and never alone.

Photo Credit: Theresa, RNCM



Medicare Annual Election 2026

The time is quickly approaching folks!!!!

Annual Election happens from October 15 – December 7, 2026. This is the time each year when you can make changes to your Medicare coverage. The changes you make during the Annual Election take effect January 1 of next year (the plan must get your enrollment request by December 7).

Your options during Annual Election

During Medicare Annual Election what you can do depends on the kind of coverage you have now.

- **Change your Medicare Advantage Plan**

Join, drop, or switch to another Medicare Advantage Plan with or without drug coverage (or add or drop drug coverage).

- **Change your drug plan**

Join, drop, or switch to another Medicare drug plan if you're in Original Medicare.

- **Change how you get coverage**

Switch from Original Medicare to a Medicare Advantage Plan or from a Medicare Advantage Plan to Original Medicare.

Overwhelmed yet? The Office for the Aging has trained HIICAP (Health Insurance Information Counseling Assistance Program) Counselors that will help you navigate the world of Medicare with ease. Stop by the office or give us a call. We'll be happy to send you a form to fill out so we can assist you in finding the best coverage in 2027.

See you soon!!!

Kelly Brown
Coordinator of Services for the Aging
Sullivan County Office for the Aging
NY Connects/HIICAP
Community Assistance Center



Daylight Savings Time Ends November 1, 2026

(clocks move back one hour at 2:00 a.m. to 1:00 a.m.)

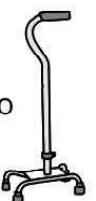
** This is a good time to change the batteries in your smoke detectors.

OFA Loaner Closet

Did you know the Office for the Aging offers a Loaner Closet with lightly used medical equipment available at no cost?

If you or a loved one could benefit from items such as walkers, wheelchairs, shower chairs, or other assistive devices, we encourage you to reach out. Supplies vary, but we're always happy to check what's available and help connect you with what you need.

☎ Please contact our office to learn more or check availability.



Never miss our publication!

Get each new issue delivered straight to your inbox.



Scan to subscribe on
[MyCommunityOnline.com](https://www.lpicommunities.com)



Virtual Caregiver Support Group

2nd Wednesday each month, 1-2 pm via Zoom.
To register, call 1-800-272-3900

WISE-Wellness Initiative for Senior Education

Mondays 11am-1pm
Sept 14- Oct 26 (No class on Oct 12)

Tai Chi

Tuesdays, 1pm-2pm

Oct 6, Oct 13.

**A one-time donation of \$25 or \$5 per class is appreciated.

Bone Builders - CCE

Thursdays, 11am-12pm

Sept 17 - Nov 19

Bone Builders- Jeffersonville Library

Thursdays, 11am-12pm

Oct 1, 8, 15, 22 & 29

Registration required: www.sullivanccce.org/events
sullivanccrc@cornell.edu or call 845-292-6180 x 122

Caregiver Café Support Group

2nd Monday of each month, 10-11am

Oct 19, Nov 9, Dec 14

Cornell Cooperative Extension | Sullivan County

Senior Citizen Clubs

Delaware Young at Heart (Callicoon)
Contact: Meryl Sheridan (718)216-7142)

Highland Senior Citizens (Eldred)
Contact: Scotty Greenberger (845)557-8519

Town of Lumberland Senior Citizens Club (Glen Spey)
Contact: Christine Yancy (845)544-5376

Jeffersonville Senior Citizen Club (Jeffersonville)
Contact: Barbara Hauschild (845)482-4195

Bethel Seniors (Kauneonga Lake)
Contact: George Lind (551)206-8446

Town of Rockland Senior Club (Livingston Manor)
Contact: Janet Burkey (845)439-5742

Loch Sheldrake Seniors (Loch Sheldrake)
Contact: Edie Houghtaling (845)798-3632

Monticello Senior Citizens (Monticello)
Contact: Arthur Rosenzweig (845)898-2512

SAGE Sessions by Tusten Social (Narrowsburg)
Email: hello@tustensocial.org

Senior Citizens of South Fallsburg (South Fallsburg)
Contact: Annette Conklin (845)423-0930

Woodridge Senior Club (Woodridge)
Contact: Linda Kinney (845)428-2625

Town of Mamakating Senior Citizens (Wurtsboro)
Contact: Larry Karstadt (845)641-0176

WORTHY READS OFA STAFF RECOMMENDATIONS

Selected by	Book Title & Author	Selected by:	Book Title & Author
Alexis	Beautiful Creatures by Kami Garcia and Margaret Stohl	Teresa	The Borrowed Life of Frederick Fife by Anna Johnston
Cathie	The Lion, The Witch and The Wardrobe by C.S. Lewis	Lise-Anne	Once There Were Wolves by Charlotte McConaghy
Carrie	High Achiever by Tiffany Jenkins	Sherri	Here After by Sean Costello
Tana	The Celebrants by Steven Rowley	Sharon	A Sweet Chunk of Madness by Deany Ray
Laura	Broken Harbor by Tana French	Monika	The Pilot's Wife by Anita Shreve

CRYPTOGRAM:

Each letter in the phrase has been replaced with a random letter. Try to decode the message.

D = N G = R W = G O = N K = E

E N R G R N G
 H K D L M F E G F N A L E W G L B N D W
 L L E R N L
 Y J L B J Z H K F E G F N A L D J Z L E
 N N G L L N E E
 Y M F D A N D W Y M N J J R V N D K Y K
 R E R
 I G L P K G H

SUDOKU

2				6	1	5		3
	5			9	2		8	
	6	8	4	3	5		2	9
4		7	3					
	8	2			7	3		
5			2				4	7
		1			4	6		8
8	2		6				1	
	9	4		5				2

REBUS - Each "rebus" puzzle box below portrays a common word or phrase. Can you guess what it is?

1 GET IT GET IT GET IT GET IT	2 	3 
4 	5 der der der der der der der der der der	6 NAFISH NAFISH
7 HOROBOD	8 LANG4UAGE	9 E K A W

Q	A	V	Y	T	Y	I	W	B	G	C	E	S	K	O	R	K	A	Y	N
Z	Q	S	H	E	R	R	Y	N	V	A	W	M	B	D	R	X	D	C	K
A	Q	Y	H	Z	S	I	L	Y	U	B	G	K	N	Q	V	N	S	P	E
E	M	M	T	J	C	U	N	Q	T	E	W	O	O	F	U	I	A	X	J
N	E	E	U	L	O	W	I	O	N	R	H	L	B	G	R	G	N	S	T
G	R	Z	O	O	T	M	G	M	R	N	L	O	R	I	O	A	G	Y	C
A	L	C	M	P	C	X	E	A	S	E	A	U	U	H	L	R	R	E	N
P	O	A	R	T	H	R	Z	N	Q	T	B	Q	O	C	E	J	I	A	
M	T	L	E	O	G	Z	Z	H	A	O	I	Q	B	D	M	M	A	Y	P
A	Y	B	V	N	N	I	M	A	Q	A	M	B	I	L	A	H	R	F	G
H	P	N	V	I	O	N	R	T	D	U	V	C	P	D	Y	U	Q	I	F
C	J	O	S	P	N	F	O	T	R	C	H	A	R	D	O	N	N	A	Y
N	F	T	F	W	G	A	U	A	Z	C	B	A	B	R	Z	P	I	F	S
E	T	I	Y	X	I	N	Q	N	U	R	K	B	J	Y	O	U	L	Y	Q
A	Q	J	E	Q	V	D	I	H	S	D	S	C	O	L	G	P	K	O	A
T	Z	O	P	Q	U	E	L	B	O	W	H	I	S	K	E	Y	C	Q	O
P	C	M	G	J	A	L	Y	V	X	S	C	G	W	Z	G	L	E	B	R
T	N	S	P	S	S	R	S	V	S	F	N	M	A	R	T	I	N	I	D
Y	T	E	Q	U	I	L	A	V	L	J	B	R	A	N	D	Y	E	M	O
S	B	I	M	A	R	G	A	R	I	T	A	U	O	W	R	A	D	K	K

BOURBON	DAIQUIRI	MEZCAL	SCOTCH
BRANDY	GIN	MOJITO	SHERRY
BURGUNDY	LIQUOR	NEAT	TEQUILA
CABERNET	MANHATTAN	PINOT	VERMOUTH
CHAMPAGNE	MARGARITA	RUM	VODKA
CHARDONNAY	MARTINI	SANGRIA	WHISKEY
CIDER	MERLOT	SAUVIGNON	ZINFANDEL



Free Foreclosure Prevention Counseling



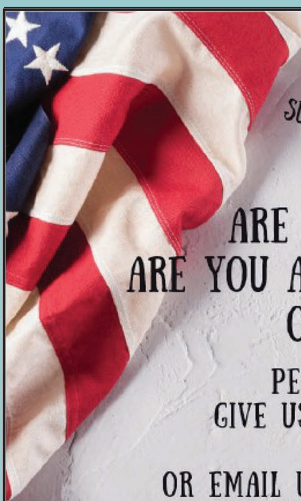
**You don't have to navigate
the foreclosure process
alone.**

If you are having difficulty making your current mortgage payment, RUPCO and RDAC can assist you by providing FREE Foreclosure Prevention Counseling.

Our certified counselors will analyze your current financial situation and give an honest assessment of the options that may be available to you.

LEARN MORE

Call (845) 713-4568 or
visit rupco.org



VET 2 VET
SULLIVAN COUNTY
NEW YORK



**ARE YOU A VETERAN?
ARE YOU A SPOUSE OR CARETAKER
OF A VETERAN?**

PEER SUPPORT IS HERE!
GIVE US A CALL TO CONNECT!
AT (845) 794-4228

OR EMAIL US AT VET2VET@ATITODAY.ORG
VISIT OUR WEBSITE AT ATITODAY.ORG



FOLLOW US ON



STATE-OF-THE-ART Post-Hospital & Skilled Nursing Care

Compassionate, Professional
Rehabilitation Services for

- Injuries & Deconditioning
- Cardiac & Respiratory
- Joint Replacements
- Stroke Recovery
- Wound Healing

LEARN MORE!

ROSCOE
REHABILITATION
& NURSING
living legends

(607) 498-4121
420 Rockland Rd, Roscoe

Advertise Here!

Contact Angela Haschka

ahaschka@4LPi.com
(800) 950-9952 x6106

THOMPSON SANITATION

Corporation
(845) 796-1032

We're helping keep our communities clean, green, and beautiful.
Call today or visit us online to schedule your worry-free service.

**From Monticello to Middletown...
We've Got Your Back!**

Thompson Sanitation is your hometown partner for:

- Residential & Commercial Waste Pickup
- Recycling
- Reliable Service



thompsonsantiation.net

FIND YOUR ADVANTAGE.

**MVP Medicare Advantage—Plans and personal
support to take charge of your health.**

Call **1-844-539-8684** (TTY 711) seven days a week, 8 am–8 pm
Visit mvphealthcare.com/medicare



MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract.
Enrollment in MVP Health Plan depends on contract renewal.

Y0051_0570_M



For ad info. call 1-800-950-9952 • www.lpcommunities.com

Sullivan County Office for the Aging, Monticello, NY

06-5379

LOCAL ACTIVITIES AND EVENTS

Oct 3, 11:00 am - 40th Annual Giant Pumpkin Party. 11:00 am -Parade at Tri-Valley School,
12:00 pm Pumpkin Party at Grahamsville Fairgrounds

Oct 3, 10:00 am - Health & Wellness Fair,Mamakating Town Hall, 2948 Rte 209, Wurtsboro

Oct. 4, 10:00 am - Artist Residency "Sky Stitching by Audrey Barlow" 762 South Rd, Wurtsboro

Oct 10, 11:00 am - Diehl Homestead Farm Fall Festival, 93 Diel Rd, Callicoon

Oct. 17, 10:00 am - Elks Usa Craft Fair & Bake Sale, Liberty Elks Lodge #1545, 21 John St. Liberty

Oct. 17, 12:00 pm - Art Port 2026, 3rd Annual Art Walk, 31 Jersey Ave, Port Jervis

Oct 25, 1:00 pm - Repair Cafe, 31 W. Main St. Port Jervis

LIBRARY ACTIVITIES - call your local library for more details

Monticello

Oct 19, 6:00 pm - Knit & Crochet Group

Oct 31, 10:30 am - Medicare Information Session

Liberty

Oct 2, 1:00 pm - Movie Matinee

Oct 8, 6:00 pm - Spanish Guitar Concert

Oct 9, 1:00 pm - Chair Yoga

Oct 16, 1:00 pm - Movie Matinee

Oct 23, 1:00 pm - Senior Swing

Oct 30, 1:00 - Movie Matinee

Every Monday 1:00 pm - Kindred Stitchers

Every Tuesday, 10:15 am - Mahjong

Callicoon

Oct 1, 11:00 am - Medicare 101

Oct 8, 11:00 am - Lowering Prescription Costs

Oct 26, 3:00 pm - Italian Conversation Hour

Narrowsburg

Oct 2, 11:00 am - Medicare 101

Oct 9, 11:00 am - Lowering Prescription Costs

Oct 21, 6:00 pm - Local Author LV Albuquerque

Every Monday 6:00 pm - Narrowsburg Knitters

Livingston Manor

Oct. 17, 11:00 am - 2:00 pm - Repair Café at

Livingston Manor Presbyterian Church

Oct. 31, 11:00 am - Scrabble for Adults

Fallsburg

Oct 1, 4:30 pm - Books to Movie Club

Oct 6, 4:30 pm -Craft-ernoon - Pressed Flower

Bookmarks

Oct 7, 3:00 pm - Books Give Us Wings: Banned

Books Week Craft

Oct 15, 4:30 pm - Thursday Night Flicks

Oct 20, 5:00 pm - Author Book Talk - Lynn

Albuquerque

Oct 22, 4:30 pm - DIY Halloween Lanterns Craft

Every Thursday 4:00 pm - Chair Yoga - **Please call ahead.**

Jeffersonville

Oct 6, 11:00 am - Lowering Prescription Costs

Oct 7, 5:30 pm - Dinner & a Movie

Oct 14, 5:30 pm - Cooking For a Group w/Chef

Dale Buchheiser

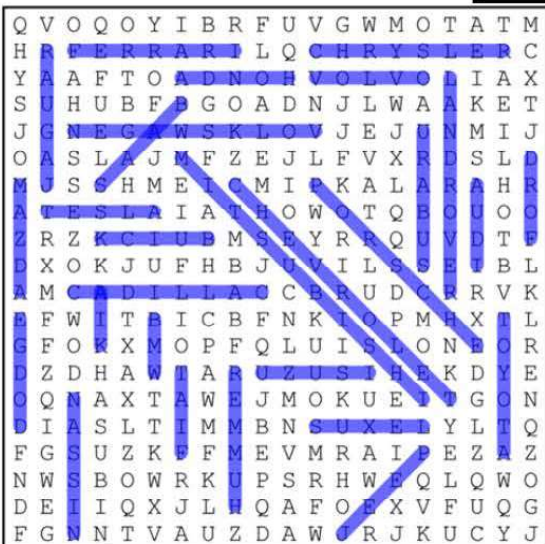
Every Thursday 1:00 pm - Sew-cial Circle



HAPPY
HALLOWEEN



ANSWER KEY



2	4	9	8	6	1	5	7	3
1	5	3	7	9	2	4	8	6
7	6	8	4	3	5	1	2	9
4	1	7	3	8	6	2	9	5
9	8	2	5	4	7	3	6	1
5	3	6	2	1	9	8	4	7
3	7	1	9	2	4	6	5	8
8	2	5	6	7	3	9	1	4
6	9	4	1	5	8	7	3	2

REBUS

1. Forget it
2. Lemonade
3. Apple pie
4. Sunny side up
5. Tender
6. Tunafish
7. Robin Hood
8. Foreign language
9. Wake up

CRYPTOGRAM:

"Be not afraid of growing slowly; be afraid only of standing still."

— Chinese Proverb