



DECEMBER NEWSLETTER



TEL: (845) 807-0241
MON - FRI: 8AM - 5PM

EMAIL US:
SULLIVANOF@
SULLIVANNY.GOV

VISIT OUR WEBPAGE:
SULLIVANNY.GOV/
DEPARTMENTS/AGING

LIKE & FOLLOW US ON
FACEBOOK:
WWW.FACEBOOK.
COM/SCNYAGING

**IF YOU WOULD LIKE
TO BE ON OUR MAILING
LIST, PLEASE CONTACT
OUR OFFICE

EDITORS: TANA PRICE &
TERESA BORTREE

The Monthly Hoot



**SULLIVAN COUNTY OFFICE FOR THE AGING
100 NORTH STREET, PO BOX 5012
MONTICELLO, NY 12701**

TO:

TABLE OF CONTENTS

WHAT'S INSIDE

	PAGE:
Contributions	2
Holiday Concerts	3
Shopping Bus/ Congregate sites	4
December Menu	5
Holiday Safety / Worthy Reads	6
Medicare Advantage	
Support Groups	7
OFA Holiday Photo/ Cookie Drive	9
Fun & Games	10
Local Events	12

WE NEED YOUR SUPPORT

Sullivan County Office for the Aging is pleased to provide you with our services. Our programs are funded by the Sullivan County Legislature, New York State, the Older Americans Act and your contributions. No one will EVER be denied services because of their inability or unwillingness to contribute. Your contributions are appreciated.

Thank you.

Name _____


Address _____

I designate my contribution of \$_____ for:

- | | |
|--|---|
| <input type="checkbox"/> Home Delivered Meals | <input type="checkbox"/> Congregate Meals |
| <input type="checkbox"/> Volunteer Services | <input type="checkbox"/> Case management/Home care |
| <input type="checkbox"/> Transportation | <input type="checkbox"/> Health Insurance Counseling Services |
| <input type="checkbox"/> Use where most needed | |

Make checks payable to: Sullivan County Treasurer. Please include this coupon with payment and drop off or mail to:
 Sullivan County Office for the Aging
 PO Box 5012, 100 North Street
 Monticello, NY 12701

***** PAID ADVERTISEMENTS ARE NOT ENDORSED BY THE SULLIVAN COUNTY OFFICE FOR THE AGING NOR DOES THE SULLIVAN COUNTY OFFICE FOR THE AGING HAVE ANY DIRECT CONNECTION TO THE SERVICES AND GOODS OFFERED IN THE ADVERTISEMENTS*****




**WHY WAIT?
EMERGENCIES DON'T!**

In case of an emergency, choose Ellenville Regional Hospital.

With short wait times where you'll get treated, not seated.

- ▶ 24/7 Emergency Services
- ▶ Short Wait Times
- ▶ Advanced Treatment



845.647.6400 | ERHNY.org

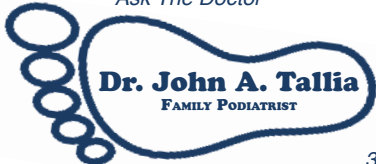


**ROOFING
SIDING
GUTTERS**

845-820-4954

JDTCONSTRUCTIONNY.NET

Are you Eligible for the Medicare Diabetic Shoe Program
Ask The Doctor



Dr. John A. Tallia
 FAMILY PODIATRIST

39 Years of Caring

30 Glen Wild Rd., Rock Hill, NY **Please Call! 845-513-5333**

- Diabetic Foot Care Surgery Specialist • Home Visits
- Whirlpool Foot Massage • Medicare & Most Insurance Accepted



LOVE TO WRITE?

Share your poetry and stories

Enter Contests · Get Feedback

HOLIDAY CONCERTS

Inside the Sullivan County Government Center Lobby

- | | |
|------------------|--|
| Dec 5, 10:30 am | Chase Elementary School Chorus (Monticello - 4th grade) |
| Dec 5, 12:00 pm | Liberty High School Honors Choir |
| Dec 8, 10:30 am | Chase Elementary School Chorus (Monticello - 5th grade) |
| Dec 9, 10:30 am | Sullivan West Elementary Chorus |
| Dec 9, 12:00 pm | Rockland High School Band & Chorus |
| Dec 11, 10:30 am | Rutherford Elementary School - (Monticello) Recorder Ensemble |
| Dec 12, 10:30 am | MacKenzie Elementary School - (Eldred) Band & Chorus |
| Dec 12, 12:00 pm | Fallsburg Junior-Senior High School Chamber Chorus |
| Dec 16, 10:30 am | Monticello High School Emerging Ensembles |
| Dec 17, 10:30 am | Sullivan West High School Select Choir |
| Dec 17, 1:00 pm | Fallsburg Junior-Senior High School Instrumental Chamber Group |
| Dec 18, 10:30 am | Minisink Valley High School Choir |
| Dec 19, 10:30 am | Sullivan County BOCES Elementary Choir |
| Dec 19, 11:30 am | Tri-Valley High School Band |



Simple Cremation



zmmemorials.com
845-977-6127

Traditional Funerals ♦ Pre-Arranged Services

Two Names - A Leading Choice in Funeral Service

Pricing per general price list, excludes cash advance items - 388 Broadway, Monticello, NY 12701



*"Proudly serving the tri-county
Jewish community
for over 70 years"*

josephngarlickfuneralhome.com

845-794-7474

Medicare Questions?

Medicare can be **confusing**, don't get discouraged, **get informed!**

Turning 65, new to Medicare, or have questions about your coverage? Contact me today to review your plan and explore your options!

Let's Talk!
Schedule your personalized consultation today!

Meir Horowitz
Licensed Insurance Agent

(347) 633-0852
(TTY:711)

mhinsures@gmail.com

This is an advertisement. By calling this number or providing your information you agree to speak with a licensed insurance agent about Medicare Advantage, Part D (prescription drug) plans or Medicare Supplements. Not affiliated with any government agency including Medicare. We do not offer every plan available in your area. Currently we represent 8 organizations which offer 517 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



Engaging, ad-supported print and digital newsletters to reach your community.



Scan to contact us!

Visit lpicomunities.com

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicomunities.com/adcreator



SHOPPING BUS SCHEDULE



The shopping bus provides round-trip transportation from the senior’s home to Monticello shopping (Shoprite, Walmart and Aldi’s) one day per week. Registration with the Office for the Aging is required. Please call (845) 807-0244 by 11:00 am on the day before, to make a reservation.

Mondays

Dec 1, 8, 15, 22, 29

Town of Bethel-Smallwood, Cochection, Bethel Senior Housing and White Lake.

Town of Neversink -Neversink, Grahamsville, Foxcroft Village.

TUESDAYS

Dec 2, 9, 16, 23, 30

Town of Fallsburg- Woodridge, Mountaindale & South Fallsburg.

Town of Rockland- Livingston Manor & Roscoe.

WEDNESDAYS

Dec 3, 10, 17

Town of Liberty- Liberty – Golden Park, Barkley Gardens & White Sulphur Springs

Town of Mamakating- Summitville, Wurtsboro & Bloomingburg.

THURSDAYS

Dec 4, 22, 18

Highland Area- Narrowsburg, Eldred, Barryville, Glen Spey, etc. * and some surrounding areas, not all areas included

Town of Thompson- All of Monticello, Mongaup Valley

FRIDAYS

Dec 5, 12, 19

Town of Delaware- Fremont, Callicoon, Hankins, Jeffersonville, etc.

Liberty Village & Fallsburg- Liberty Village Apts., Hurleyville, Loch Sheldrake & Kiamesha Lake.



CONGREGATE SITES



BETHEL	Bethel Senior Center Route 55, Kauneonga Lake	MONDAYS
MAMAKATING	Wurtsboro Town Hall Route 209, Wurtsboro	MONDAYS & WEDNESDAYS
LIVINGSTON MANOR/ ROCKLAND	Livingston Manor Presbyterian Church Old Route 17, Livingston Manor	WEDNESDAYS
LIBERTY	Lapolt Park North Main St, Liberty	WEDNESDAYS
JEFFERSONVILLE	American Legion Hall Legion Ave, Jeffersonville	FRIDAYS



DECEMBER MENU 2025



Five Congregate meal sites are now open. Lunch is served by 12:00 pm. This menu is for homebound meals and congregate sites. Registration with the Office for the Aging is required. Please call 24 hours in advance for reservations at (845) 807-0254. Menu is subject to change.

VOLUNTARY SUGGESTED CONTRIBUTIONS: For those over 60 years of age, our funding through the Older Americans Act requires us to ask for contributions. No one will be denied a meal based on their inability or refusal to contribute. For those under 60 years of age who wish to attend a congregate lunch, a guest fee is required. Suggested voluntary contribution \$3.00, Guest fee \$6.50.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Beef & Broccoli , Brown Rice, Oriental Vegetables, Dinner Rolls, Mandarin Oranges	2) Chicken Tenders (3) , Oven Roasted Potatoes, Diced Carrots, Whole Wheat Bread	3) Stuffed Shells (2) , Side Salad, Green Beans, Italian Bread	4) Hot Dogs on a Bun (2) , Baked Beans, Corn	5) Chili Con Carne , Brown Rice, Cauliflower, Corn Muffin (1)
8) Chicken Fajitas , Brown Rice, Corn, Flour Tortilla, Pineapple	9) Sausage Sandwich , Peppers & Onions, Baked Beans, Hoagie Roll, Fruit Cocktail	10) Hungarian Goulash , Egg Noodles, Mixed Vegetables, Rye Bread	11) Roast Pork Loin w/Gravy , Sweet Potatoes, Peas & Carrots, Whole Wheat Bread	12) Ziti w/Meat Sauce , Side Salad, Broccoli, Dinner Rolls (2), Fresh Orange
15) Salisbury Steak , Gravy, Oven Roasted Potatoes, Diced Carrots, Dinner Rolls (2)	16) Cheese Tortellini w/Garlic Cream Sauce , Green Beans, Italian Bread	17) Chicken Stew , Egg Noodles, Oriental Vegetables, Wheat Bread, Apple	18) Meatball Sub , Corn, Side Salad, Fruit Cocktail	19) Pepper Steak , Brown Rice, Cauliflower, Dinner Rolls (2), Mandarin Oranges
22) BBQ Pulled Pork Sandwich , Baked Beans, Cole Slaw	23) Roast Beef & Gravy , Mashed Potatoes, Green Beans, Dinner Rolls (2), Apple	24) Christmas Eve Nutrition Sites Closed	25) CLOSED 	26) Cheeseburger on a Bun , Oven Roasted Potatoes, Green Beans, Pickles, Apple
29) Swedish Meatballs , Egg Noodles, Oriental Vegetables, Dinner Rolls (2), Fruit Cocktail	30) Macaroni & Cheese , Stewed Tomatoes, Cauliflower, Whole Wheat Bread, Applesauce	31) New Year's Eve Nutrition Sites Closed 		Milk served with all Meals Coffee and Tea available at Senior Nutrition Sites

We would like to wish all of our Sullivan Volunteers a very happy holiday season filled with joy and peace! Your hard work and selfless dedication have been invaluable, and we thank you for all that you do.

This holiday season, a special tree celebrating each and every one of our volunteers will be on display at the Sullivan County Historical Society.

If you are interested in joining our fabulous team, please call Monika Roosa, our Volunteer Program Coordinator, at (845) 807-0255 for more information.



Keep Safety at the Heart of Your Celebrations

Following is tried-and-true advice to ensure you and your family remain safe throughout the season:

Traveling roads over the holidays and every day

- Prepare cars for winter and keep an emergency kit in there
- Get a good night's sleep before departing and avoid drowsy driving
- Leave early and plan ahead for heavy traffic
- Everyone in the vehicle should be buckled up
- Put cell phones away
- Practice defensive driving
- Designate a sober driver to ensure guests make it home safely after a holiday party; alcohol or over-the-counter, prescription and illegal drugs can cause impairment

Decorate Safely

- Keep potentially poisonous plants mistletoe, holly berries, Jerusalem cherry and amaryllis away from children and pets
- If using an artificial tree, check that it is labeled "fire resistant"
- If using a live tree, cut off about 2 inches of the trunk to expose fresh wood for better water absorption, water often and remove it from home when it is dry
- Place tree at least 3 feet away from fireplaces, radiators and other heat sources, making certain not to block doorways
- Avoid placing breakable ornaments or ones with small, detachable parts on lower tree branches out of reach of children and pets
- Only use indoor lights indoors and outdoor

lights outdoors; use the right ladder for tasks when hanging lights

- Replace lights sets that have broken or cracked sockets, frayed or bare wires or loose connections
- Follow package directions on the number of lights sets that can be plugged into one socket
- Never nail, tack or stress wiring when hanging lights and keep plugs off ground away from puddles and snow
- Turn off all lights and decorations when you go to bed or leave the house

Food Poisoning Is No Joke

- Wash hands frequently when handling food
- Keep raw meat away from fresh produce
- Use separate cutting boards, plates and utensils for uncooked and cooked meats to avoid cross-contamination
- Use a food thermometer to make sure meat is cooked to a safe temperature
- Refrigerate hot or cold leftover food within two hours of being served
- When storing turkey, cut leftovers in small pieces so it will chill quickly
- Thanksgiving leftovers are safe for three to four days when properly refrigerated

Source: Holiday Safety National Safety Council

WORTHY READS OFA STAFF RECOMMENDATIONS

Selected by	Book Title & Author	Selected by:	Book Title & Author
Alexis	Survive the Night by Riley Sager	Christina	Wild Dark Shore by Charlotte McConaghy
Carrie	Hidden Nature by Nora Roberts	Lise-Anne	The Lion Women of Tehran by Marjan Kamali
Cathie	Finding My Way: A Memoir by Malala Yousafzai	Sharon	Remarkably Bright Creatures by Shelby Van Pelt
Teresa	The Memory Keeper's Daughter by Kim Edwards	Sherri	The Forever Summer by Jamie Brenner
Laura	Yet Here I am by Jonathan Capehart	Tana	Vera Wong's Unsolicited Advice for Murderers by Jesse Q. Sutanto

How to Stop Getting Unwanted Outreach Calls from Medicare Advantage Plans

Many people experience unprompted communication or advertisements from Medicare Advantage Plans as they approach Medicare eligibility or during Open Enrollment. These calls can be overwhelming when trying to make informed decisions about healthcare coverage.

If you're receiving unwanted marketing calls from insurance companies, you can register with the National Do Not Call Registry. This is a free federal service that stops sales calls from legitimate businesses that follow the law. Keep in mind you may still get calls from scammers or those not following the rules. Join the list at www.donotcall.gov or by calling 1-888-382-1222 from the phone you want to register.

If you're getting repeat calls from the same callers, you should block those specific phone numbers. Engaging with these callers may get you more calls in the future. Don't pick up calls that are unwanted, hang up immediately if you realize you didn't want them and report the number to the Federal Trade Commission at www.donotcall.gov.

Be aware of Medicare marketing rules that private plans must follow when promoting their products. These rules are meant to prevent plans from presenting misleading information about a plan's costs or benefits. Medicare private plans can market their plan through direct mail, radio, television and print

advertisements. Agents can visit your home if you invite them for a marketing appointment. Insurance agents cannot:

- Call you if you didn't give them permission to do so
- Visit you in your home, nursing home or other place of residence without your invitation
- Offer gifts or prizes worth more than \$15 to encourage you to enroll
- Market their plans at educational events or in health care settings (except in common areas)
- Sell life insurance or other non-health products at the same appointment (known as cross-selling), unless you request information about such products
- Use the term Medicare-endorsed or suggest that their plan is a preferred Medicare plan. Plans can use Medicare in their names as long as it follows the plan name (for example, the Acme Medicare Plan) and the usage does not suggest that Medicare endorses that particular plan above other Medicare plans
- Imply that they are calling on behalf of Medicare

If Medicare Advantage Plans or their agents engage in prohibited activity, you can report it to the Senior Medicare Patrol (SMP) and to 1-800-MEDICARE (633-4227).

Source: Medicare Rights

SUPPORT GROUPS AND PROGRAMS

SENIOR FITNESS FALL PREVENTION CLASS SCHEDULE

Dec. 1 & Dec. 8, 10:30 am - 11:30 am Bethel Senior Center

Dec. 3 & Dec. 10, 10:30 am- 11:30 am Livingston Manor Senior Center

Dec. 4 & Dec. 11, 11:30 am - 12:30 pm Monticello Senior Center

Dec. 5 & Dec. 12, 10:30 am - 11:30 am Jeffersonville Senior Center

Caregiver Café In-person Support Group, Monday December 1st at 10am

Virtual Caregiver Support Group, Wednesday, Dec. 17 at 6pm

Cornell Cooperative Extension Sullivan County
64 Ferndale-Loomis Rd, Liberty, NY 12754
(845) 292-6180 x122 sullivancerc@cornell.edu



We're Everywhere You Need Us

PRIVATE HOMES | NURSING HOMES | HOSPITALS
THE KAPLAN FAMILY HOSPICE RESIDENCE

Hospice of Orange & Sullivan Counties provides quality, end-of-life care, with comfort, dignity, and respect wherever you need us.
Learn more about where we can help you.



hospiceoforange.com
845-561-6111




ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

To advertise here visit lpicommunities.com/adcreator

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide




ADT Authorized Provider | SafeStreets | 833-287-3502

YOU CAN MAKE A DIFFERENCE FOR SENIORS IN THE HUDSON VALLEY!

Hudson Valley Long Term Care Ombudsman Program

JOIN OUR TEAM



Benefits of Becoming A Volunteer Ombudsman

Flexibility- You have the flexibility to complete your required 2 hours/week as it fits into your schedule.

Free Training- and continuing education provided.

Vital Link- provides you the opportunity to give back to the most vulnerable of your communities' senior population.

APPLY AT:
NURSINGHOME411.ORG/LTCOP/VOLUNTEER

P: 845-229-4680 | www.nursinghome411.org



The New York State Long Term Care Ombudsman Program services are made possible through funding from the New York State Office for the Aging and U.S. Department of Health and Human Services, Administration for Community Living.

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



Visit www.mycommunityonline.com



Annual Hot Cocoa & Cookie Drive

Make a Difference

Join us in spreading warmth and cheer this holiday season with our annual drive. Your donations of hot cocoa and cookies will brighten lives of homebound older adults in our community.



100+ Homebound Adults Supported

Drop off at Office for the Aging by **December 18th** and help us deliver smiles and warmth this holiday season.

* 100 North Street
Monticello, NY 12701
845-807-0241

* sullivanofa@sullivanva.gov *

Christmas Movie MATCH GAME

Match the actor and the movie



- | | |
|------------------------------|------------------------------|
| 1. Christmas Vacation | ___ A. Keira Knightley |
| 2. Trading Places | ___ B. James Stewart |
| 3. Elf | ___ C. Maureen O'Hara |
| 4. The Polar Express | ___ D. Tim Allen |
| 5. White Christmas | ___ E. Bruce Willis |
| 6. Christmas in Connecticut | ___ F. Kate Winslet |
| 7. Home Alone | ___ G. Kurt Russell |
| 8. Jingle All The Way | ___ H. Sam Elliot |
| 9. The Holiday | ___ I. Will Farrell |
| 10. It's A Wonderful Life | ___ J. Tom Hanks |
| 11. Meet Me In St. Louis | ___ K. Beverly D'Angelo |
| 12. Prancer | ___ L. Eddie Murphy |
| 13. The Santa Clause | ___ M. Nicholas Cage |
| 14. Scrooged | ___ N. Bing Crosby |
| 15. Miracle on 34th Street | ___ O. Judy Garland |
| 16. Die Hard | ___ P. Peter Billingsley |
| 17. The Christmas Chronicles | ___ Q. Barbara Stanwyck |
| 18. A Christmas Story | ___ R. Arnold Schwarzenegger |
| 19. Love Actually | ___ S. Macauley Culkin |
| 20. The Family Man | ___ T. Bill Murray |

MATH PUZZLE

$$3 \text{ snowmen} = 15$$

$$1 \text{ snowman} + 2 \text{ foxes} = 17$$

$$1 \text{ gift} - 1 \text{ fox} = 4$$

$$1 \text{ snowman} + 1 \text{ gift} + 1 \text{ fox} = ?$$

SUDOKU

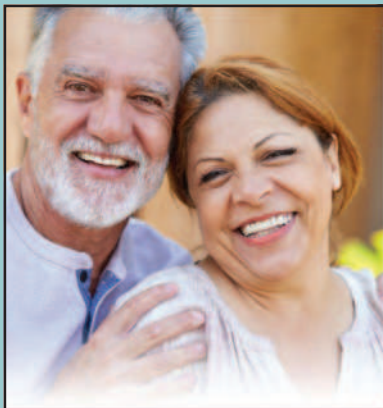
	6	5			2			
	8	7	9	3		6		1
3					6	9		
	2				8		9	
	3	8				2	7	
7				2			1	3
6				5	3	1		
	5							8
8	9	1	4			5		

R	H	J	O	A	H	P	B	W	O	G	C	P	Y	B	F	B	S
E	V	A	Q	D	H	T	U	C	S	U	A	G	X	F	J	T	M
I	W	C	J	F	R	S	A	C	K	T	N	R	Y	P	H	F	F
N	S	K	S	T	N	E	S	E	R	P	D	X	L	G	W	E	O
D	L	F	E	I	X	T	I	M	R	E	Y	Y	I	A	S	M	S
E	L	R	V	G	D	S	H	D	O	W	C	L	G	T	N	A	T
E	E	O	N	R	O	F	Z	T	E	F	A	M	I	L	Y	D	U
R	B	S	R	U	Y	O	E	N	R	L	N	V	V	Z	V	T	N
N	E	T	E	F	T	L	R	S	Y	V	E	H	N	I	T	O	T
A	L	C	N	G	T	C	E	C	Y	T	S	O	R	F	R	C	S
M	G	H	N	S	P	I	R	M	S	W	P	U	O	T	H	T	E
W	N	X	I	A	K	A	U	A	L	R	D	I	H	I	Z	G	H
O	I	M	D	O	R	H	G	D	C	O	C	P	M	L	N	P	C
N	J	I	O	D	B	P	K	T	L	K	O	N	E	L	V	E	S
S	B	C	C	E	D	P	Y	P	G	L	E	H	G	I	E	L	S
S	Y	A	D	I	L	O	H	X	E	Y	T	R	T	O	O	F	Q
O	R	N	A	M	E	N	T	S	G	N	I	K	C	O	T	S	U
F	I	R	E	P	L	A	C	E	H	A	N	U	K	K	A	H	L

HOLIDAY WORDSEARCH



- | | |
|-------------|--------------|
| CANDY CANES | JINGLE BELLS |
| CHESTNUTS | LIGHTS |
| CHIMNEY | MISTLETOE |
| COOKIES | NORTH POLE |
| DINNER | NUTCRACKER |
| DREIDEL | ORNAMENTS |
| ELVES | PRANCER |
| FAMILY | PRESENTS |
| FESTIVE | REINDEER |
| FIREPLACE | RUDOLPH |
| FROSTY | SCROOGE |
| GARLAND | SLEIGH |
| HANUKKAH | SNOWMAN |
| HOLIDAYS | STOCKINGS |
| JACK FROST | WREATH |



Free
Foreclosure
Prevention
Counseling



You don't have to navigate
the foreclosure process
alone.

If you are having difficulty
making your current
mortgage payment, RUPCO
and RDAC can assist you by
providing FREE Foreclosure
Prevention Counseling.

Our certified counselors will
analyze your current financial
situation and give an honest
assessment of the options
that may be available to you.

LEARN MORE

Call (845) 713-4568 or
visit rupco.org

STATE-OF-THE-ART

Post Hospital
& Skilled
Nursing
Care



WE'RE PROUD TO BE
Highly Rated by the
Federal Government

Compassionate,
Professional
Rehab Services for

Injuries & Fractures
Joint Replacements
Cardiac & Pulmonary
Stroke Recovery
Wound Healing



LEARN
MORE!

ROSCOE
REHABILITATION
& NURSING
living legends



(607) 498-4121
420 Rockland Rd, Roscoe



FREE
AD DESIGN
with purchase
of this space

CALL 800-477-4574

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Angela Haschka

ahaschka@4LPi.com
(800) 477-4574 x6106

Email:
Info@JustCallSilverman.com



SILVERMAN
PLUMBING | HEATING | A/C
(845)
583-6595



Rio

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

FIND YOUR
ADVANTAGE.

MVP Medicare Advantage—Plans and personal
support to take charge of your health.

Call 1-844-539-8684 (TTY 711) seven days a week, 8 am–8 pm
Visit mvphealthcare.com/medicare



MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract.
Enrollment in MVP Health Plan depends on contract renewal.

Y0051_0570_M



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Sullivan County Office for the Aging, Monticello, NY

06-5379

LOCAL ACTIVITIES AND EVENTS

- Dec 4, 6:00 pm - 2025 Annual Tree Lighting,
27-29 Mamakating Rd, Bloomingburg
- Dec 6, 4:00 pm - Narrowsburg Tree Lighting,
Main St. Narrowsburg
- Dec 6, 10:00 am - 3:00 pm - Holiday Artisan Fair,
762 South Rd, Wurtsboro
- Dec 6, 10:00 am - 5:00 pm - Holiday Market, 7 Erie
Ave. Narrowsburg
- Dec 6, 10:00 am - 10:00 am - Annual Holiday Sale at
UMC Liberty, 170 North Main St. Liberty
- Dec 6, 10:00 am - Annual Christmas Bazaar & Bake
Sale, White Sulphur Springs United Methodist
Church, 3318 State Rt 52
- Dec 13, 12:00 pm - 6:00 pm - Dickens on the
Delaware, Main St. Callicoon
- Dec 13 & 14, 12:00 pm - Holiday Makers Market,
Delaware Youth Center, Callicoon
- Dec 17, 5:45 pm - Rock Hill Menorah Lighting,
206 Rock Hill Dr. Rock Hill



LIBRARY ACTIVITIES

- Monticello
Dec. 4, 5:30 pm - DIY Energy Savings Session
Dec 18, 6:00 pm - Artful Evening for Adults
Dec 29, 6:00 pm - How to Use Smartphones for
Adults
- Liberty
Dec 5, 2:00 pm - Chair Yoga
Dec 6, 1:00 pm - Winter Holidays on Cello
Dec 12, 1:00 pm - Movie Matinee "The Best Christ-
mas Pageant Ever"
Dec 19, 1:00 pm - Holiday Swing
- Livingston Manor
Dec 11, 5:30 pm - Book Lantern Crafting Class,
- Callicoon
Dec 1, 11:00 am - Lowering Your Prescription Costs
101
Dec 3, 2:00 pm - Find the Extraordinary in theordi-
nary
Dec 13, 12:00 pm - Gingerbread Cookie Decorating
Dec 19, 4:00 pm - Craft Lovers
- Jeffersonville
Dec 3, 6:00 pm - Family Movie Night "The Muppet
Christmas Carol"
Dec 16, 6:00 pm - Photography Series Exhibition
- Roscoe
Dec 19, 4:00 pm - Rockland's Winter Magic with Dr.
Joyce Conroy

WE WANT YOU

Mamakating Senior Center is looking for new members for our knitting & crochet group, The Chain Gang. We will teach you how to crochet or knit. We meet on Wednesdays 10 am-12 pm, at Mamakating Town Hall Senior Center.



ANSWER KEY

R H J O A H P B W O G C P Y B F B S
E V A Q D H T U C S U A G X F J T M
I W C J F R S A C K T N R Y P H F F
N S K S T N E S E R P D X L G W E O
D L F E I X T I M P R E V Y I A S H S
E L R U G D S H D Q W C L G T N A T
E E O N R O F Z T E F A M I L Y D U
R B S R U Y O E N R L N V V Z V T N
N E T E F T L R S Y V E H N I T O T
A L C N G T C E C Y T S O R F R C S
M G H N S P I R M S W P U O T H T E
W N X T A K A U A L R D I H I Z G H
O I M D O R H G D C O C P M L N P C
N J I O D B P K T L K O N E L V E S
S B C C E D P Y P G L E H G I E L S
S Y A D I L O H X E Y T R T O O F Q
G R N A M E N T S G N I K C O T S U
F I R E P L A C E H A N U K K A H L

SODUKU

9	6	5	7	1	2	3	8	4
2	8	7	9	3	4	6	5	1
3	1	4	5	8	6	9	2	7
1	2	6	3	7	8	4	9	5
5	3	8	1	4	9	2	7	6
7	4	9	6	2	5	8	1	3
6	7	2	8	5	3	1	4	9
4	5	3	2	9	1	7	6	8
8	9	1	4	6	7	5	3	2

Christmas Movie Match Game

- | | |
|-------|-------|
| 1. K | 11. O |
| 2. L | 12. H |
| 3. I | 13. D |
| 4. J | 14. T |
| 5. N | 15. C |
| 6. Q | 16. E |
| 7. S | 17. G |
| 8. R | 18. P |
| 9. F | 19. A |
| 10. B | 20. M |

MATH PUZZLE SOLUTION- 21