

# 8 FEATURES OF POSITIVE YOUTH DEVELOPMENT

## 01 PHYSICAL AND PSYCHOLOGICAL SAFETY

Safe and health-promoting facilities; practices that increase safe peer group interaction and decrease unsafe or confrontational peer interactions.



## 02 APPROPRIATE STRUCTURE

Limit setting; clear and consistent rules and expectations; firm enough control; continuity and predictability; clear boundaries; and age appropriate monitoring.



## 03 SUPPORTIVE RELATIONSHIP

Warmth; closeness; connectedness; good communication; caring; support; guidance; secure attachment; and responsiveness.



## 04 OPPORTUNITIES TO BELONG

Opportunities for meaningful inclusion, regardless of one's sex, ethnicity, sexual orientation, or disabilities; social inclusion, social engagement and integrations; opportunities for socio-cultural identity formation; and support for cultural and bicultural competence.



## POSITIVE SOCIAL NORMS 05

Rules of behavior; expectations; injunctions; ways of doing things; values and morals; and obligations for service.

## SUPPORT FOR EFFICACY & MATTERING 06

Youth-based; empowerment practices that support autonomy; making a real difference in one's community; and being taken seriously. Practices that include enabling, responsibility granting, and meaningful challenge. Practices that focus on improvement rather than on relative current performance levels.



## OPPORTUNITIES FOR SKILL BUILDING 07

Opportunities to learn physical, intellectual, psychological, emotional, and social skills; exposure to intentional learning experiences, opportunities to learn cultural literacy, media literacy, communication skills and good habits of mind; preparation for adult employment; and opportunities to develop social and cultural capital.



## INTEGRATION OF FAMILY, SCHOOL & COMMUNITY EFFORTS 08

Concordance; coordination and synergy among, family school and community



# Physical and Psychological Safety

## Examples

Investigation

Life jackets if boating/swimming.  
Youth are supervised by adults, either parents or  
commission members.  
Catchers/batting masks are always available.

What does your  
program do?

Give examples of your physical and  
psychological safety protocols.

# Appropriate Structure

Service Request Intake

## Examples

**Rules/Expectations are clearly stated before activity.  
Youth assist in creating expectations.  
Have adult family members accompany youth to events.**

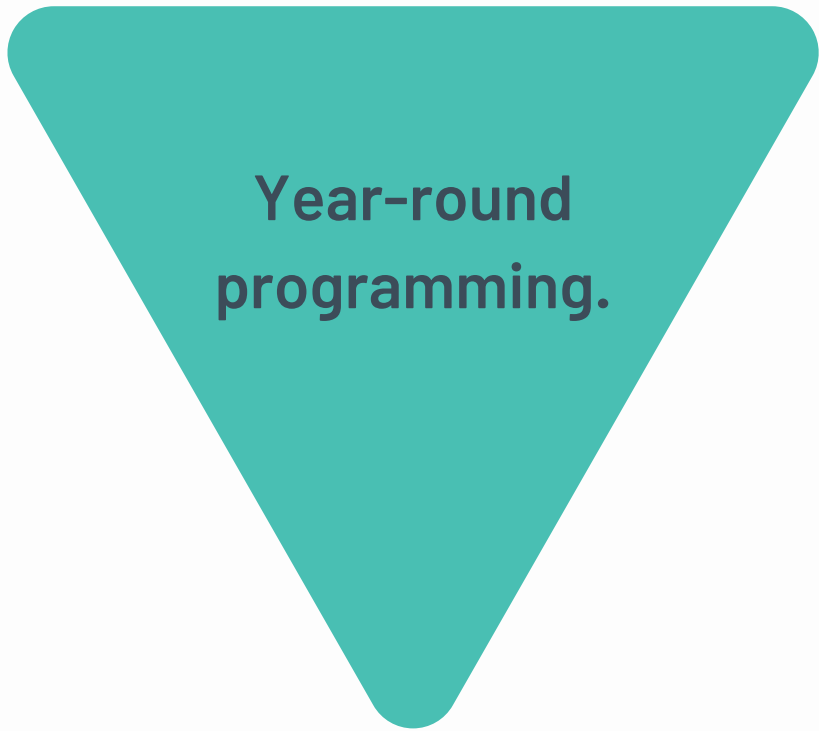
## Your suggestions

**Give examples of your physical and  
psychological safety protocols.**

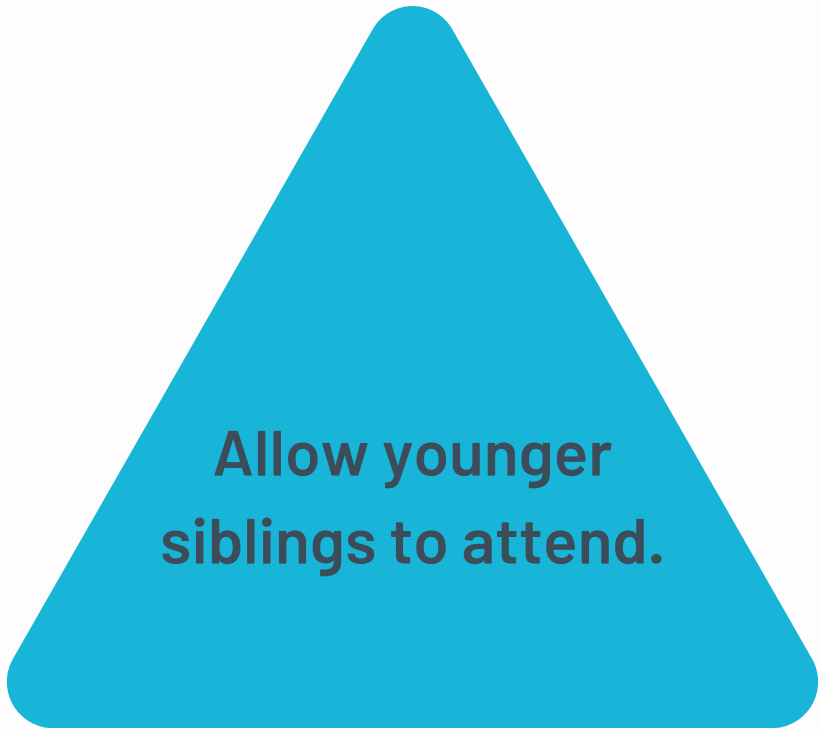
# SUPPORTIVE RELATIONSHIP



Adults are trusted  
and known by youth.



Year-round  
programming.



Allow younger  
siblings to attend.

**What strategies to do you use?**

# OPPORTUNITIES TO BELONG



Youth are encouraged  
youth to participate in  
all activities



Adults promote  
social engagement  
and inclusion



Cultural  
Awareness and  
cultural themes  
are focus of  
activities.



Include youth with  
disabilities in your  
programming.

## How does your organization include everyone?

# POSITIVE SOCIAL NORMS

Expectations are clear,  
i.e., taking turns, sharing  
materials, courtesy, etc.

Schedule/itinerary is  
posted and easy to  
follow.

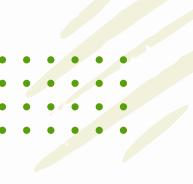
Procedures are  
consistent.

Youth participate in  
cleanup and  
maintenance of area.

Parents are kept  
informed throughout  
the activity.

All adults model expected  
behaviors.

What are your procedures?



# SUPPORT FOR EFFICACY AND MATTERING



Activities are based on youth/family interest.



Youth have choice built into activities.



Youth are given opportunities to feel and express pride.

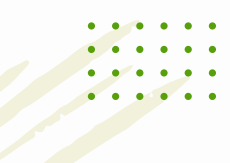


Youth support each other's efforts.



Youth participate in maintaining supplies and program site.

## How do you support efficacy and mattering?



# OPPORTUNITIES FOR SKILL BUILDING



# INTEGRATION OF FAMILY, SCHOOL & COMMUNITY

Registrations are conducted several ways to reach as many participants as possible.



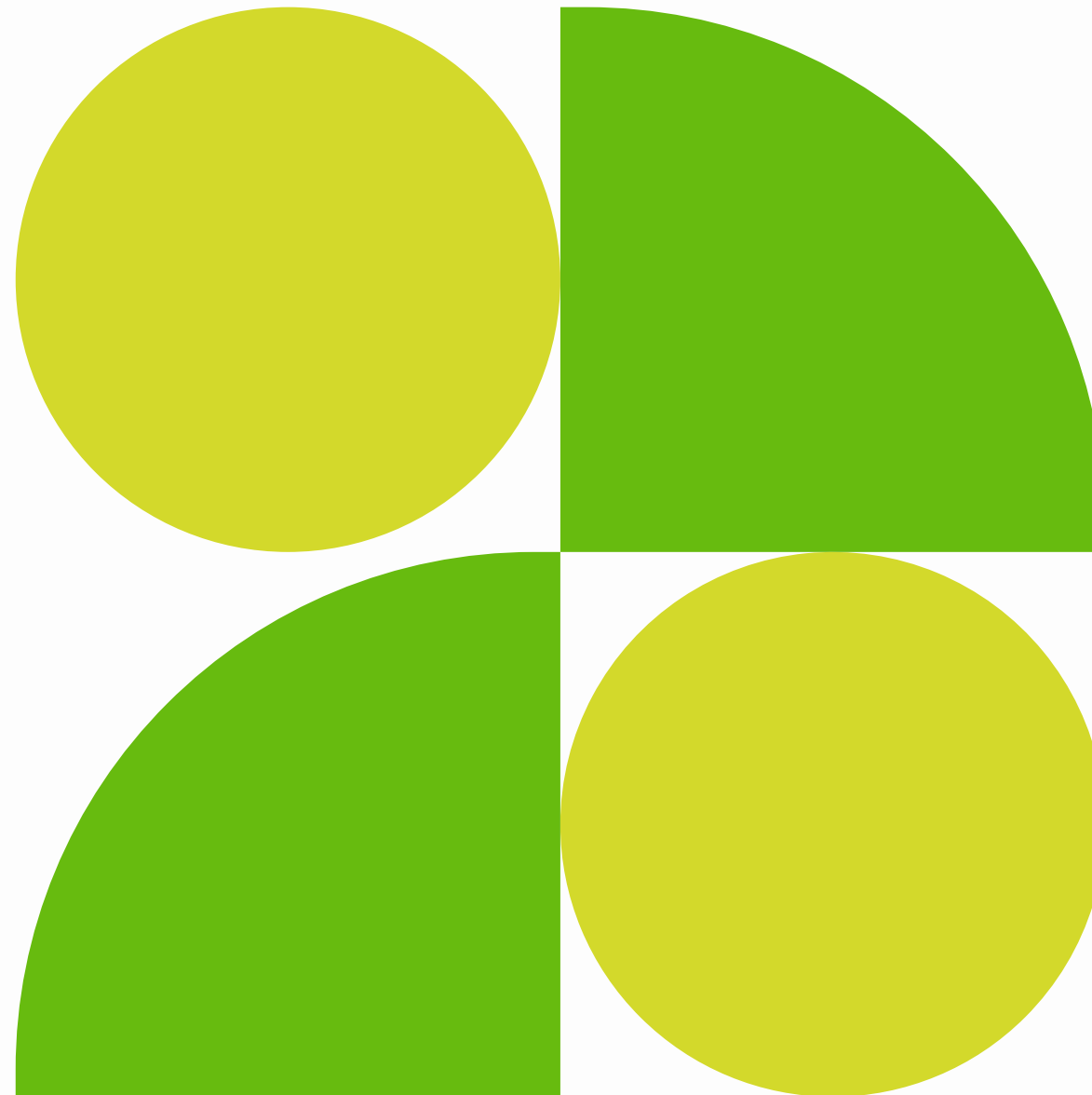
Providing age-appropriate activities that all members of family can enjoy.



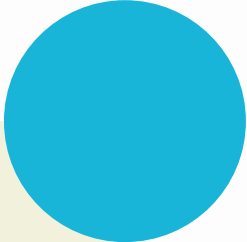
Email and social media are used to reach a broad spectrum of people. Use town, county and program website for extending reach.



Include family members in activities and trips.



# WHERE DO WE GO FROM HERE?



Be sure to include 8 Features of Positive Youth Development in all activities that you provide for youth.



Please don't panic if you receive your application back. This is OCFS oversight. They are trying to ensure program compliance.



What do I do if I receive my application back? If you receive your application back, fill out the section that is highlighted and return it to our office as soon as possible.



If you have any questions, please feel free to contact our office. We are here to help!!!



**YOUTH BUREAU**

SULLIVAN COUNTY, NY

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