



YMCA OF MIDDLETOWN  
YMCA OF SULLIVAN COUNTY  
SOUTH ORANGE FAMILY YMCA  
[WWW.MIDDLETOWNYMCA.ORG](http://WWW.MIDDLETOWNYMCA.ORG)

81 Highland Ave.  
Middletown, NY 10940  
(845) 344-9622

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**County of Sullivan  
\$22,000 Grant  
A-7310-40-4013**

**“E”**

**Support of Sullivan County YMCA  
Environmental Site**

**Statement of Specified Details and  
Services**

*“We build strong kids, strong families, strong communities”*



### **Goals, Objectives and Strategies**

**Goal 1: To create a nature trail that educates youth and adults on wetland function and local native flora and fauna.**

**Goal 2: Involve youth in the project and get their participation while educating them on the importance of wetlands and wildlife habitats.**

**Objective 1: To construct a trail around a wetland and throughout the property.**

*Strategy 1.1: Layout the path in the best possible location*

*Strategy 1.2: Clear and remove vegetation as needed.*

*Strategy 1.3: Flatten a path section of at least 3' in width.*

*Strategy 1.4: Construct benches out of natural materials along trails*

**Objective 2: To inform users of native plants and animals.**

*Strategy 2.1: Identify native plants with markers*

*Strategy 2.2: Create interpretative signage identifying animal prints.*

*Strategy 2.3: Create interpretive signage of local wildlife habitat.*

*Strategy 2.4: Install habitats such as bat houses and bird houses*

*Strategy 2.5: Identify invasive species and potential hazards (i.e. rattlesnakes, poison ivy)*

**Objective 3: To inform users of the benefits of wetlands and the purpose they serve**

*Strategy 3.1: Create interpretive signage identifying what wetlands do and how they function.*

*Strategy 3.2: Clean up junk and inappropriate debris from waterway and riparian edge.*

**Objective 4: Involve as many youth participants as possible in the implementation of this project.**

*Strategy 4.1: Invite and engage current YMCA members to participate in the project.*

*Strategy 4.2: Conduct outreach to local schools to gain more YMCA members and get their involvement.*

### Outcomes

1. Photo Documentation of interpretive signage, trail, and benches.
2. Trail Map & Brochure of Wetland Function and wildlife habitats will be provided.
3. Success will be achieved when all strategies have been carried out.

### Youth Involvement

YMCA of Sullivan County is a growing organization that engages youth in various programming throughout the municipalities and schools throughout the county. Current and potential YMCA youth members will be an integral part of this projects success.

**Program began upon receipt of executed contract between the County of Sullivan and the YMCA September 2010 and will continue during 2012.**